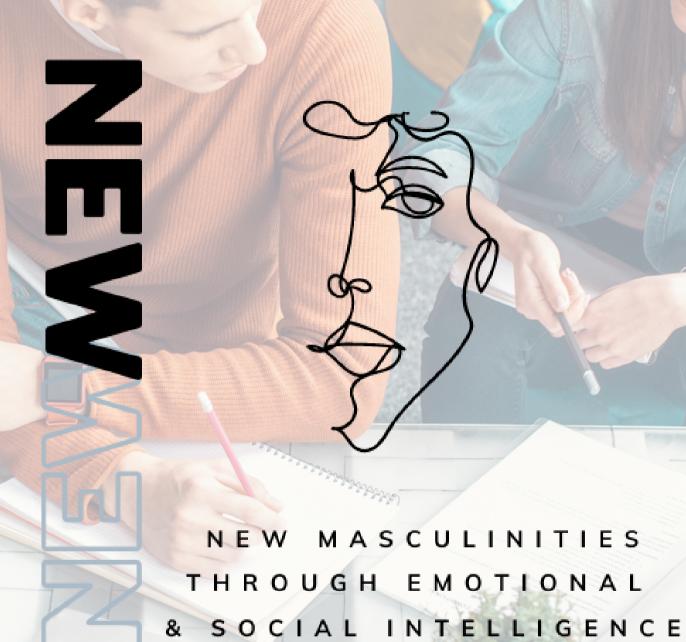


TOOLKIT (R3)

Emotional and social intelligence for the development of new masculinities in the workplace

Author: Marta Tybura, STEPS







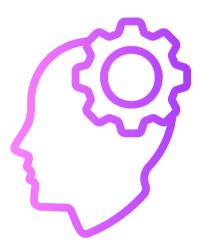
R3 TOOLKIT



What?



Application of Emotional Intelligence with a gender perspective into the workplace.



How?



Through a set of theoretical learning pills, applied in a practical way with the use of dynamic tools & methods (authentic learning)







R3 TOOLKIT: Objectives

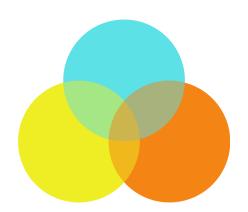
R3 «Toolkit for employees in EI new masculinities» In this PR, the consortium created a bank of resources and educational techniques based on Emotional Intelligence and Alternative Masculinities.

GOALS:

- 1) to develop and promote diversity, egalitarian values, prevent sexism and gender violence among employees,
- 2) to develop key civic and social competences,
- 3) to stimulate employees (especially men in SME) through cooperative activities to create respectful and inclusive environments.

NEWMEN TOOLKIT:

- promotes social inclusion,
- helps address the barriers faced by women in their professional career contributing to creation of inclusive environments that fosters equity and equality,
- focuses on achieving learning and developing attitudes and skills of inclusion and respect for diversity,
- works against gender stereotypes, supporting people in the acquisition and development of basic skills, to eliminate discrimination, inequality or exclusion, which women suffer in the EU due to the existence of gender roles and stereotypes.



R3 TOOLKIT - structure of each area



COGNITIVE DIMENTION

SOCIO-EMOTIONAL DIMENSION

BEHAVIORAL DIMENSION







KNOWLEDGE IN LEARNING PILLS



Provide a theoretical introduction to the topic/provide knowledge.



• include links to podcasts (Result 1);



• include links to videos (Result 2).

LEARNING OUTCOMES

What learners should know, be able to do, and value as a result of integrating knowledge, skills, and attitudes learned throughout the course.

e.g. The learner is able to give examples of when to apply new HR policies.

CALL INTO THE ACTION

Hands-on activities & Tools Provide practical activity fostering acquisition of

desired knowledge, skills, and attitudes.

At least 4 TOOLs have to be included (per each area).

24 TOOLs in total

R3 TOOLKIT

NEW MASCULINITIES
THROUGH EMOTIONAL

is ADDRESSING different types of learners:



Reading/writing learners: prefer to learn through written words.



Auditory learners: learn better when the subject matter is reinforced by sound.



Visual learners with a preference for visual learning (including pictures, videos, diagrams, written directions).



Kinesthetic learners learn through experiencing or doing things. They like to get involved by acting out events or using their hands to touch and handle in order to understand concepts.





Self-control / Being aware of

one's own emotions

How the R3 TOOLKIT is structured?



New masculinities

Responsible Partner: IKF, Sweden



Responsible Partner: INDEPCIE,
Spain



Empathy

Responsible Partner: NP2E, The Netherlands Toolkit

5 thematic areas



Listening / asking for help

Responsible Partner: STEPS, Italy



Work with others

Responsible Partner: VAEV, Austria

STRUCTURE OF THE TOOLKIT FOR EACH THEMATIC AREA



THEMATIC AREA

LISTENING/ASKING FOR HELP (STEPS)



THEMATIC AREA
SUBAREA

LISTENING/ASKING FOR HELP

Listening as a skill

Introduction:

Learning Pill

ACTIVITY& TOOLS

LISTEN &REFLECT
WATCH &REFLECT
Case studies:Add link to the VIDEO
PUT INTO
PRACTICE
Hands-on

Introduction:
Learning Pill

Add Audio/link to the PODCAST

Case studies:Add link to the VIDEO

Hands-on ACTIVITY& TOOLS

LISTENING/ASKING FOR HELP

Autonomy & perfectionism

Introduction:
Learning Pill

Add Audio/link to the PODCAST

Case studies:Add link to the VIDEO

Hands-on ACTIVITY& TOOLS

LISTENING/ASKING FOR HELP

Giving & receiving feedback

Introduction:
Learning Pill

Add Audio/link to the PODCAST

Case studies:Add link to the VIDEO

Hands-on
ACTIVITY& TOOLS

LISTENING/ASKING FOR HELP

ASSESS

READ &

LEARN





STRUCTURE

Part 1 Introduction: LEARNING PILL



Part 2 PODCAST



Part 3 VIDEO presenting REALF-LIFE CASE



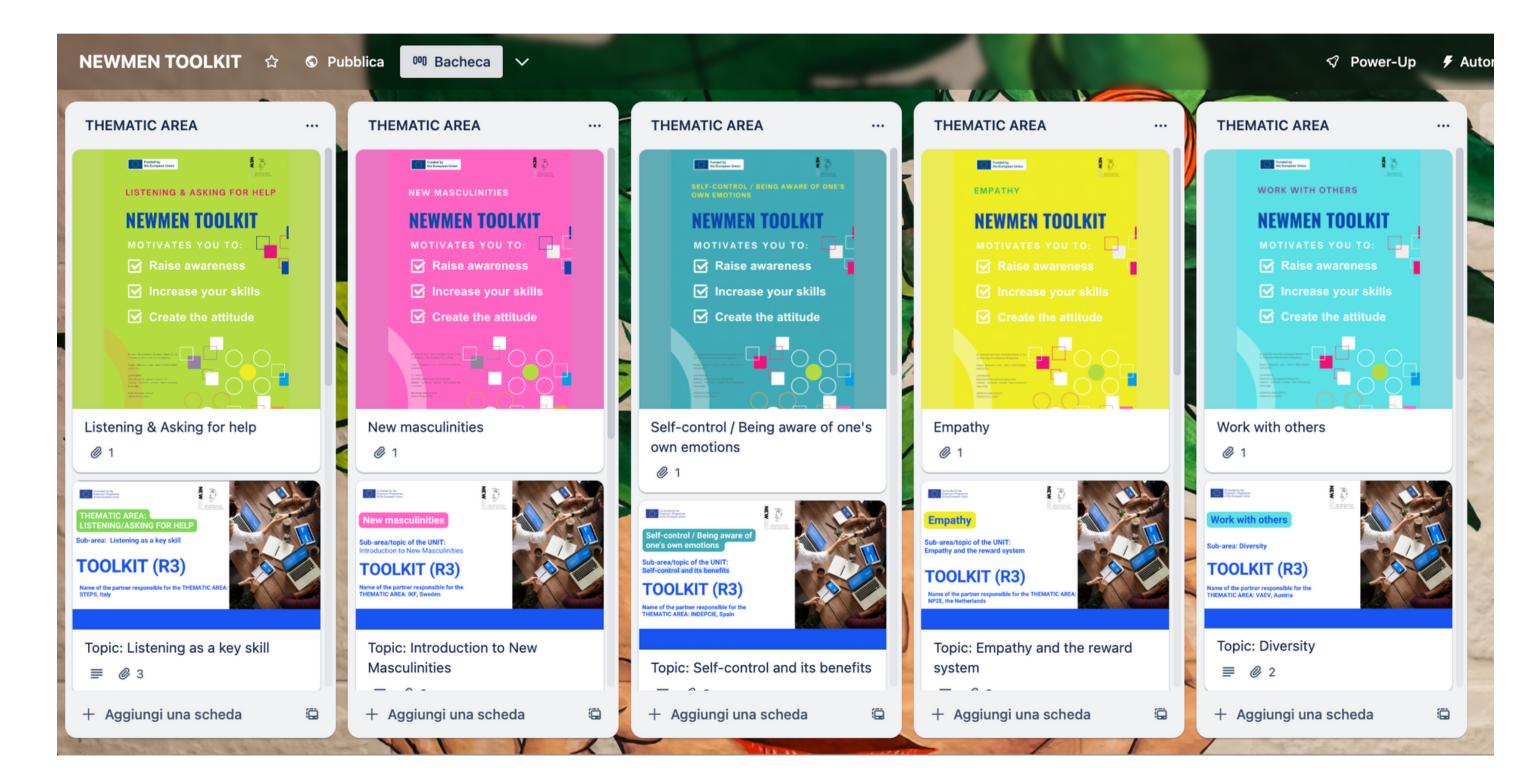
Part 4 Hands-on ACTIVITY& TOOL





R3 TOOLKIT ONLINE

NEWMEN TOOLKIT is available on the website under the dedicated LINK





NEW MEN TOOLKIT



THE TOOLKIT is a results of a joint effort of all partners.

STEPS was responsible of the design of the methodology and coordination of the development of the TOOLKIT.

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